



Where Education , Community and Culture meet.

A.P. ekwa Counselling Update

Tansi Kâkiyaw,

I can't believe May is already here! Time is going by so quickly, and there are many exciting upcoming events happening this month! Be sure to take a look at the calendar!

We have tried the no cell phone policy and we are still experiencing students calling parents/guardians to be picked up. This is a safety concern as we need to know who is leaving during the day. If you are picking up your child, please call the front office to inform us. Your child's safety is our priority. Thank you for cooperating with us on this concern,

Ekosi Pitama!

Mrs. Robles
Assistant Principal



Tansi Kâkiyaw,

May is a beautiful month of renewal. Grass getting greener, leaves budding, bees buzzing and the first flowers peeking through. Spring is a great time to ground yourself and reacquaint yourself with nature after being stuck inside for the long, chilly winter months.

This 5 senses scavenger hunt helps the body and mind calm down and come into the present moment, especially when feeling scared, worried, anxious or stressed.

Explore the world using all 5 of your senses — sight, hearing, taste, touch, and smell. Focusing with our senses helps keep us grounded in the present moment instead of worrying about the past or the future.

Ah hay!

Ekosi pitama,
Jenine Fehr



Sesawiwin (PE) ekwa Nehiyawewin update



Tansi Kakiyaw,

Sesâwîwin- PE

As we move into May, we've officially wrapped up our basketball unit and are now focusing on badminton and soccer in PE. April was an exciting month for our athletes. On April 7th, our junior basketball teams traveled to Amiskwaciy for a tournament. The girls' team had an outstanding performance and brought home 1st place, while the boys' team fought hard and earned a well deserved 3rd place finish. Congratulations to both teams!

Later in the month, on April 24th, our junior high badminton team competed at MCJHS. We are proud to share some fantastic results: Carmen and Kayle took 1st place in mixed doubles, Keeley and Kylynn came in 2nd in girls doubles, and Celijah and Marquez finished 3rd in mixed doubles. Well done to all our athletes for their hard work and excellent representation of our school.

Looking ahead, we have several exciting events planned for May. On May 1st, our Grade 5/6 students participated in a floor hockey tournament at Alexander and placed 3rd! On May 13th, the Grade 5/6 soccer team will head to Paul Band for their tournament. On May 23rd, our junior high students will take part in a swimming event at the Collicutt Centre in Red Deer and they will also be going to Paul Band on May 29th for Slo-Pitch and hand games! Wish us luck!

We're looking forward to another month of active learning, healthy competition, and personal growth in PE. Thank you for your continued support! :)

Ekosi pitama,

Keshia Dreaver

Tânsi Kâhkiyaw,

Nehiyawewin ᓂᐱᐃᑦᖅᓴᐃᑦ

Kakiyaw Kitatamiskatinwaw Ohnikikomawak, ekwa Ohkomawak ekwa Omosomak:

Asay mina kotak Pisim ki wapimanaw awa Pinawew Pisim, Egg Laying Moon. We begin with the new life of Okawimaw Askiy, the plants and trees are once again budding and will make Mother Earth Beautiful.

Our Awasisak are practicing to Respect Mother Earth by learning how to Reduce, nikinkewin, Reuse, kihtwam apacihta, ekwa Recycle, ahci sihcikatewina. Through this learning they understand they they will be responsible in protecting Mother Earth for our future Awasisak, and by understanding that we protect the 4 Elements, Mother Earth, Fire, Water and Wind.

We look forward for all of the exciting activities the awasiak will be doing during Pinawew Pisim. Ekosi Pita,

Gloria Baptiste

Cree Teacher



Calendar



2
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2
5

MAY

Poni Ayamihe kisikaw Sunday	peyak kisikaw Monday	niso kisikaw Tuesday	nisto kisikaw Wednesday	newo kisikaw Thursday	niyanan kisikaw Friday	nikotwasik kisikaw Saturday
				1 School Principals Day 5/6 Floor Hockey @ Alexander	2 Movie Field Trip	3
4	5	6	7	8 Gr.4-6 Field Trip - Royal Alberta Museum	9 Professional Development No School	10
11 Okâwîmâw Kîsikâw - Mothers Day	12	13 5/6 Soccer - Paul Band Teacher Appreciation Day Ribbon Skirt/ Shirt Day	14 Hawaiian Shirt Day	15 Nehiyawatisiwin Conference No School	16	17
18	19 Victoria Day No School	20 Steve Harmer Magic Show	21 UofA Field Trip - Jr. High	22 Fire Drill	23 Jr. High Swimming - Red Deer	24
25	26	27 Ribbon Skirt/ Shirt Day	28	29 Jr High Slo-Pitch & Hand Games @ Paul Band	30 Oskayak Conference	





NEWS



on April 7, 2025
STORM traveled to
Amiskwaciy Academy
to compete in a 3x3
basketball
tournament! Our
iskhwêsisak team
dropped their first
game but came back
with heart and hustle
—going undefeated in
their next three games
to land in the finals,
where they won gold
with a 10-8 win!



Our nâpêsisak team
battled hard with one
win and three losses,
earning a solid 3rd
place finish and a
bronze medal!
Way to go, STORM!
Your school and
community are so
proud of your effort,
teamwork, and spirit!

Important Parent Information

Let's Go!
on a field trip

Gr.4-6 Field Trip -
Royal Alberta Museum
Thursday, May 8, 2025

U of A Field Trip - Jr. High
Wednesday, May 21, 2025

A stylized illustration of a yellow school bus with black windows and wheels, positioned at the bottom right of the graphic. The bus is facing right and has a black roof rack. The wheels have a grey hubcap with a yellow center. The bus is set against a light blue background with a white cloud-like shape behind the text.

U of A Field Trip - Jr. High

Wednesday, May 21, 2025



No School

MAY 15-16TH

NEHIYAWATISWIN
CONFERENCE

**MOTIVATIONAL
MAGIC**

MAY 20TH

COUNTDOWN TO

MESC

POW W O W



34 INSTRUCTIONAL DAYS



Important Parent Information



UPCOMING TOURNAMENTS

May 1st	5/6 Floor Hockey @ Alexander
May 13th	5/6 Soccer - Paul Band
June 4th	Jr High Soccer @ Paul Band



April

Perfect Attendance!



- ★ Juno Mackinaw, K5
- ★ Theodora Mackinaw, K5
- ★ Mckenna Highelk-Buffalo, Gr. 1
- ★ Piper Mackinaw - Gr. 3
- ★ Shayden Mackinaw - Gr. 4
- ★ Shelby Rabbit - Gr. 4
- ★ Annalette Mackinaw - Gr. 4
- ★ Cicilia Mackinaw Gr. 5
- ★ Justice Mackinaw Gr. 5
- ★ Darrielle Louis, Gr. 5

AFTERSCHOOL GIRLS GROUP

Every Tuesday
3:30 - 4:30pm



May 6th
May 13th
May 20th
May 27th

June 3rd
June 10th
June 17th



May Birthdays

- ★ Karlayna Strongman - May-3
- ★ Aaliyah Currie - May-4
- ★ Wesley Strongman - May-5
- ★ Melody Rabbit - May-7
- ★ Jennifer Soosay - May-8
- ★ Juno Mackinaw - May-9
- ★ Chariah Buffalo-Rabbit - May-10
- ★ Micah Rabbit - May-11
- ★ Liam Rabbit - May-17
- ★ Tara Standingontheroad - May- 22
- ★ Lanzo Curry - May-23
- ★ Mason Baptiste-Rabbit - May-25
- ★ Felix Houle - May-30
- ★ Lucas Cattleman - May-31

Please ensure students do not arrive **before 8:25 a.m.**
Pick-up begins at **3:20 p.m.**
For early pick-up, please call and sign in at the office.
Thank you for helping us maintain a safe environment!



May Menu

**Menu Subject to Change due to product availability ᐱᐱᐅᐅᐅ ᐱᐅᐅ Sakipakaw Pisim Egg Laying Moon (May)					
May 5th - 9th	Monday	Tuesday	Wednesday	Thursday	Friday
Kikisepā micowin ᐅᐅᐅᐅᐅᐅᐅᐅ	Yogurt, Cereal, Fruit	Ham, Cheese, Scones, Yogurt, Fruit	Scrambled Eggs, Back Bacon, Hashbrowns, Fruit	Oatmeal with Berries, Fresh Fruit	
Nimāwin ᐅᐅᐅᐅᐅ	Pasta Bolognese, Caesar Salad, Fruit Salad	Deli Sandwiches, Pasta Salad, Tossed Salad, Fruit Salad, Fruit	Broccoli Cheddar Soup, Bannock, Caesar, Mixed Salads, Fruit Salad	Pizza Day! Caesar Salad, Fruit Salad	PD DAY KITCHEN PREP DAY
Micisowinis ᐅᐅᐅᐅᐅᐅᐅ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
12th - 16th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Sweet Scones, Fruit	Pancakes, Sausage, Fruit		
Lunch	Taco Beef Mac and Cheese, Tossed Salad, Tomato Salad, Fruit Salad	Chicken Enchiladas with Spanish Rice, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Pizza Day! Caesar Salad, Fruit Salad	Conference (All Staff)	Conference (All Staff)
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods		
19th - 23rd	Monday	Tuesday	Wednesday	Thursday	Friday
Kikisepā micowin ᐅᐅᐅᐅᐅᐅᐅᐅ		Yogurt, Cereal, Fruit	Mini Ham & Cheese Quiche and Fruit	Oatmeal with Berries, Fresh Fruit	Pancakes, Sausage, Fruit
Nimāwin ᐅᐅᐅᐅᐅ	Victoria Day	Pasta Alfredo, Tossed Salad, Fruit Salad, Vetable Salad, Fruit	Chicken Noodle Soup w/ Cheese Bannock, Caesar Salad, Vegetable Salad, Fruit Salad	Chicken Stir Fry w/ Rice, Tossed Salad, Fruit Salad, Fruit	Pizza Day! Caesar Salad, Fruit Salad
Micisowinis ᐅᐅᐅᐅᐅᐅᐅ		Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
26th - 30th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Pancakes, Sausage, Fruit	Eggs, Back Bacon, Hashbrowns, Fruit	Overnight Oats, Fruit	Mini Ham & Cheese Quiche, Fruit
Lunch	Primavera Marinara (Spring Vegetable) Pasta, Spinach Salad with Berries & Feta, Fruit Salad, Fruit	Meatloaf and Potato Wedges with Hot Veg, Mixed Greens, Cucumber & Tomato Salad, Fresh Fruit	Three Sisters Soup, Cheese Bread, Caesar Salad, Spinach Salad, Pasta Salad, Fresh Fruit, Fruit Salad	Roast Beef with hot Veggies and Potatoes, Tossed Salad, Greek Salad, Fruit Salad, Fruit	Pizza Day! Caesar Salad, Fruit Salad Oskāyak Conference
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
June 2-6	Monday	Tuesday	Wednesday	Thursday	Friday
Kikisepā micowin ᐅᐅᐅᐅᐅᐅᐅᐅ	Yogurt, Cereal, Fruit	Bannock and Jam	Eggs, Back Bacon, Hashbrowns, Fruit	Pancakes, Sausage, Fruit	
Nimāwin ᐅᐅᐅᐅᐅ	Beef Stroganoff, Veggie Sticks, Ceaser Salad, Fruit Salad	Pizza Perogies with Pepperoni and Cheese, Pasta Salad, Cucumber Salad, Fruit Salad, Fruit	Loaded Potato Bacon Cheddar Soup, Bannock, Mixed Salads, Fruit Salad	Pizza Day! Caesar Salad, Fruit Salad	PD DAY KITCHEN PREP DAY
Micisowinis ᐅᐅᐅᐅᐅᐅᐅ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	